

Sedona Soul Balance ©2013

A Note from me to you

Hello, I am Anke Otto-Wolf, Author and Motivational Speaker, Intuitive Life Coach and Spiritual Advisor, I help individuals and soul balance seekers from around the globe, to realize that taking care of the soul is priority so that the soul's needs are met eliminating stress and frustration, and living with balance and positive energy.

Have you ever had these or similar challenges? Oh yes- we all have those challenges to fight frustration, inadequacy, and powerlessness; and sometimes it's like that you're looking for something and don't know what? Do you feel this hunger for more? This "there's gotta be more?"

Believe me, I felt that, too. So, let me share my story- Having endured the unimaginable cruelty, coercion, and the loss of personal liberties during division of my native country Germany, my most inner rebellion took place and I knew there must be an out. Yes, those feelings of frustration, helplessness and emotional stress, was a struggle that put me on a journey to find myself. To my utter astonishment I found myself within me.

My story is a story of finding Solutions – for my story and experiences allowed me to discover solutions never imagined before. I became a passionate teacher in classrooms of Virginia's inner city project schools; poverty of the soul, was what I had plenty of during my formative years in divided Germany; I was determined to give "my kids" what they needed, and more; I created lessons and programs of beauty, art, music, and used love and compassion as teaching tools.

The Results- Believe me, I have been where you are, I felt what you feel, I searched as you do- and then, I went out and took charge. Now I help others and change lives as a Spiritual Advisor, Motivational Speaker, Intuitive Life Coach and Sedona Energy Healer. The results of this amazing journey are, for example, that a young woman left her lucrative corporate job, immersed herself in her given talents and is now a sought-after healer; or the judge who is engulfed in child abuse cases, finds her daily strength in a brief meditation just before a court session. Other results came through powerful after school programs enhancing self-esteem and self-worth in kids of inner-city schools, for which I was honored by former Pres. Clinton; in all cases the results are based on discovering my own power, strength and limitless potential.

Old World-New World – yes, the world is changing, so also I had to adapt to new trends and technologies, and how I communicate my in-depth spiritual knowledge with an easier approach

to de-mystifying spirituality and metaphysics; this new economy asks for easy access, and affordable possibilities reaching into all corners of the globe. And you and I know only e-technology does it! Knowing this makes connecting with you right here, very precious.

Therefore, allow me to close with a few words from a Wise One- search and find who you are, discover the links to your ancestors, permit yourself a few aha-moments, lock into nature's energy, feel enlightened, acknowledge and accept those things you cannot change, and--- step into your own power. I am here to help.

Love and light,
Anke
Buffalo Feather